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# MitoQ alleviates hippocampal damage after cerebral ischemia: The potential role of SIRT6 in regulating mitochondrial dysfunction and neuroinflammation

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# MitoQ alleviates hippocampal damage after cerebral ischemia: The potential role of SIRT6 in regulating mitochondrial dysfunction and neuroinflammation

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#### **1. Introduction**

Cerebral ischemia is one of the most destructive diseases associated with increased morbidity, disability, and mortality worldwide [[1](#page-9-0)]. Various pathophysiological processes are involved in ischemic brain injury including oxidative stress, neuroinflammation, calcium homeostasis, excitotoxicity, and mitochondrial failure [\[2,3](#page-9-0)]. Although rapid restoration of cerebral blood flow is the first therapeutic approach to overcome ischemic stroke, ischemia/ reperfusion (I/R) may worsen the cerebral damage, causing I/R injury [[1](#page-9-0)].

Increasing evidence suggests that mitochondrial mutilation is among the most important players that reinforce neuronal cell damage following cerebral ischemia [\[4\]](#page-9-0). Mitochondrial impairment induced by oxygen and glucose deprivation during brain ischemia leads to ATP depletion and reactive oxygen species (ROS) overproduction, resulting in oxidative stress. Indeed, neurons are primarily dependent on

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mitochondria for calcium homeostasis and energy production, rendering mitochondrial defects serious conditions on neuronal function in the setting of cerebral ischemia and hypoxia [[5](#page-9-0)]. Consequently, therapeutic strategies targeting mitochondria are crucial for neuronal protection against ischemic stroke [\[6\]](#page-9-0).

Among sirtuins (SIRT), SIRT6 is a member of NAD<sup>+</sup>-dependent enzymes possessing deacetylation and ribosylation catalytic activities [[7](#page-9-0)]. Deacetylation mechanisms associated with SIRT6 play an essential role in several physiological and pathophysiological events such as DNA repair, cell metabolism, inflammation, and apoptosis [\[1\]](#page-9-0). It has been reported that SIRT6 stimulation alleviates I/R injury affecting heart [[8](#page-9-0)], liver [\[9\]](#page-9-0), and brain [\[10\]](#page-9-0). A recent study indicated that SIRT6 downregulation contributes to the production of inflammatory mediators in mice subjected to ischemic brain damage [\[1\]](#page-9-0). In addition, SIRT6 overexpression has been found to protect human vascular endothelial cells from inflammation mediated by TNF- $\alpha$  [[11\]](#page-10-0). Regulation of oxidative stress and mitochondrial dysfunction might be a potential mechanism for the anti-inflammatory effect of SIRT6 [\[9\]](#page-9-0). Previous studies have identified the fundamental role of SIRT6 in maintaining mitochondrial function in skeletal and cardiac muscles [\[12,13](#page-10-0)] and renal podocytes [[7](#page-9-0)]. Although SIRT6 has been proven to impede brain I/R injury in mice [[14\]](#page-10-0), the impact of SIRT6 on mitochondrial dysfunction of the hippocampus under brain ischemia remains to be elucidated.

It is now well-established that antioxidants dealing with mitochondria can delay the progression of brain ischemia complications and reduce the associated mortality [\[15](#page-10-0)]. The mitochondrial-targeted antioxidant, Mitoquinol (MitoQ), has been reported to exert beneficial effects in different diseases such as liver fibrosis [\[16](#page-10-0)], cardiac remodeling [[17\]](#page-10-0), and neurodegenerative diseases [\[18](#page-10-0)]. Mitoquinol consists of a lipophilic triphenylphosphonium (TTP) cation in conjugation with coenzyme Q10, enabling it to accumulate within the mitochondrial inner membrane [\[19](#page-10-0)] highly. It has been shown that MitoQ attenuated epithelial cell damage in a rodent model of intestinal I/R injury [[19](#page-10-0)] and improved kidney function in response to renal I/R [[20\]](#page-10-0). Recently, MitoQ has been observed to ameliorate brain microvascular endothelial cell injury following glucose overload [[21\]](#page-10-0). In the clinical setting, MitoQ supplementation has been reported to attenuate mitochondrial oxidative status and improve the vascular and skeletal muscle functions [22–[24\]](#page-10-0). These findings raised the impetus to explore the neuroprotective effect of MitoQ against hippocampal damage in a rat model of cerebral I/R injury via targeting SIRT6-mediated regulation of mitochondrial impairment and neuroinflammation.

#### **2. Materials & methods**

#### *2.1. Animals*

Adult male albino rats of the Wistar strain weighing 200-250 g were used in the current investigation. Rats were supplied from the Animal House of the Faculty of Pharmacy, Badr University in Cairo (Cairo, Egypt). They were housed in plastic cages under standard laboratory conditions (23  $\pm$  1 °C, 40–60 % humidity; 12 h light/dark alternating cycles) and were given chow diet and water ad libitum. Prior to the experiment, rats were maintained for one week as an acclimation period. The Research Ethics Committee of the Faculty of Pharmacy, Badr University in Cairo, has approved the experimental procedures (PO-109-A), which complied with the guidelines submitted by the US National Institutes of Health for the proper care and use of laboratory animals (NIH Publication No. 85-23, revised 2011).

#### *2.2. Chemicals*

Mitoquinol was purchased from Antipodean Pharmaceuticals (Auckland, New Zealand). Thiopental sodium was obtained from Sigma-Aldrich (MO, USA). Penicillin G (Pencitard®) and buprenorphine hydrochloride (Buprenex®) were supplied from Acdima pharmaceuticals Inc. (6th October City, Egypt) and Hospira, Inc. (Wake Forest, USA), respectively. The source of reagents, kits, and antibodies used in this study was specified in the biological assay.

#### *2.3. Induction of experimental brain ischemia*

Rats were anesthetized with thiopental sodium (50 mg/kg; *i.p*) [[25,26](#page-10-0)]. A midline ventral incision was made in the neck of rats and the two common carotid arteries were unveiled and precisely freed from the surrounding tissues and autonomic innervation. Using artery clamps, the exposed bilateral common carotid arteries were then occluded for 45 min to produce global brain ischemia. Clamps were afterward removed, and the neck incision was sutured, allowing reperfusion for 24 h [\[25](#page-10-0),[27\]](#page-10-0). Ischemic rats were given buprenorphine hydrochloride (30 μg/kg, S.C) and aqueous suspension of penicillin G (30,000 U; I.M) and individually housed. A sham-operated control group was included in which rats underwent the same previous events without carotid artery obstruction.

#### *2.4. Experimental design*

Four groups of experimental rats (9 rats each) were randomly set as follows: (i) sham-operated group (Sham), (ii) ischemia/reperfusion group (I/R), (iii) Sham + MitoQ (2 mg/kg; *i.p daily*) group, (iv) I/R + MitoQ (2 mg/kg; *i.p daily*) group. The MitoQ was dissolved in distilled water and injected 7 days and 2 h before the induction of brain ischemia. The selection of MitoQ dose was in accordance with a previous study [[28\]](#page-10-0).

#### *2.5. Tissue collection*

Following 24 h reperfusion, the behavioral test was conducted. The rats were afterward sacrificed by decapitation under anesthesia with thiopental (50 mg/kg) which accords with AVMA Guidelines for the Euthanasia of Animals: 2020 Edition. Brain tissues were collected, and hippocampi were isolated and subdivided into 2 parts; the 1st part ( $n =$ 3) was treated with 10 % neutral-buffered formalin for histopathological and immunohistochemical examination. The 2nd part  $(n = 6)$  was then subdivided into both left and right hippocampi and rapidly transferred into liquid nitrogen and kept at − 80 ◦C for proteins analysis and mitochondrial isolation, respectively. Frozen hippocampal tissues were used to assess nuclear respiratory factor 1 (NRF-1) and interleukin-1β (IL-1β) gene expression using polymerase chain reaction and SIRT6 levels, mitochondrial reactive oxygen species (mtROS), oxidized mitochondrial DNA (mtDNA), cytochrome *c*, peroxisome proliferator-activated receptor gamma coactivator 1α (PGC-1α), mitochondrial transcription factor A (TFAM), tumor necrosis factor-alpha (TNF-α), and interleukin-18 (IL-18), by ELISA technique in addition to mitochondrial glutathione (mtGSH) by a colorimetric assay and mitochondrial membrane potential) $\triangle \Psi$ m) by fluorometric assay. All the investigations were conducted in triplicate. Throughout the examination, the samples' identities were kept hidden from the investigators.

#### *2.6. Mitochondrial isolation*

Mitochondria were isolated from hippocampal tissues according to previously described method [\[29](#page-10-0)]. In brief, hippocampal tissues were homogenized in 5-ml ice-cold hypertonic buffer containing 10 mmol/l NaCl, 2.5 mmol/l MgCl<sub>2</sub>, and 10 mmol/l Tris base at pH 7.5 using a glass homogenizer (Thermo Fischer scientific). Homogenates were afterward centrifugated for 5 min. At 1300 g and 4 ◦C, and supernatants were centrifugated for 15 min at 17000 g and 4 ◦C. After that, an isotonic buffer (100 μl) containing mannitol, sucrose, Tris base, and EDTA (pH 7.5) was added to the final mitochondrial pellets which were stored at − 80 ◦C for assessment of mitochondrial indices.

#### *2.7. Behavioral experiment*

For estimation of spatial learning and memory efficiency in I/R rats, the Morris water maze (MWM) was used. The MWM consisted of a 140 cm circular pool in which water (26 ◦C) was filled to 45 cm deep. To make the water opaque, a water-soluble, non-toxic pigment was utilized. The pool was split into 4 compartments in which a submerged platform made of transparent Plexiglas (8 cm in diameter) was set 1 cm below the surface of the water in the target quadrant to afford a movable escape zone. The pool was placed in a slightly lit room supplied with a fixed distal visual clue which provides navigational aids for rats in locating the target. In the acquisition trial, every rat was allowed 3 trials per day for four days, each lasting 120 s and separated by a 5-min interval. Rats were dropped into one of the four compartments of the pool, facing the tank's wall, and allowed to find and escape onto the hidden platform where they were permitted to stay on it for 10 s. Animals that did not attain the platform within 120 s were put on it for 30 s, and the latency for this trial was recorded as 120 s. The average time needed to identify the platform in all trials on each day of the acquisition phase was used to calculate the escape latency time (ELT), which was considered an indication of spatial learning. Following the final training session, a surgical procedure was conducted, and a retrieval test was done on day 5 (probe) session in which the platform was taken away. Every rat was put in the opposite quadrant to the platform quadrant and given 60 min to navigate the maze. The time spent searching for the hidden platform while swimming in the target compartment was monitored by an overhead camera [\[27\]](#page-10-0).

#### *2.8. Colorimetric analysis*

Hippocampal mtGSH was measured by colorimetric assay kits (Cat#: K464–100; Bio Vision Incorporated, Milpitas, CA, USA) following the manufacturer's instructions.

#### *2.9. Fluorometric analysis*

Hippocampal mitochondrial membrane potential)△Ψm) was detected using a fluorometric assay kit (Cat#:10009172; Cayman Chemical Company, Ann Arbor, USA) which was estimated by Fluoroskan™ Microplate Fluorometer (Thermo Fisher Scientific, USA).

#### *2.10. ELISA technique*

According to the manufacturer's guidelines, the following hippocampal biomarkers were analyzed (i) mtROS (Cat#: LS-F9759; LS Bio, Seattle, USA), (ii) oxidized mtDNA (Cat#: CAY589320; Cayman Chemical Company, Ann Arbor, United States), (iii) SIRT6 (Cat#: MBS1600516; My BioSource, USA), (iv) cytochrome  $c$  (Cat#: EAMT001; Merck KGaA, Darmstadt, Germany), (v) PGC-1α (Cat#: SEH337Ra; Cloud-Clone Corp., USA), (vi) TFAM (Cat#: E1616Ra; BT Lab, Shanghai, China), (vii) TNF-α (Cat#: abx050220; Abbexa Ltd., Cambridge, UK), and (viii) IL-18 (Cat#: ER0036; Wuhan Fine Biotech Co., Ltd., Wuhan, China).

#### *2.11. Quantitative real-time polymerase chain reaction (RT-PCR)*

Tissues were homogenized, and total RNA was extracted from the hippocampi using a commercially available kit (Direct-zol RNA Miniprep Plus, Cat#: R2072, Zymo Research Corp. USA). The total RNA was estimated (quality & quantity) by Beckman spectrophotometer (USA) and then utilized for reverse transcription and cDNA synthesis. The RT-PCR was performed using a SuperScript IV One-Step kit (Cat#: 12594100, ThermoFisher Scientific, Waltham, USA). A thermal cycle using StepOne equipment (Applied Biosystem, USA) was conducted based on the following conditions: 15 s at 95 ◦C, 1 min at 60 ◦C, and 1 min at 72 ◦C (40 cycles). Data from the RT-PCR runs were presented as

relative mRNA expression of the targeted genes, IL-1β and NRF-1, after normalization referring to the endogenous control gene, GAPDH. According to the  $2^{-\Delta\Delta Ct}$  method, the relative quantitation (RQ) of each studied gene was calculated [\[30\]](#page-10-0). Primers pairs of the studied genes were prepared using Primer Premier 5.0 software (Premier Biosoft, USA) and their sequences are described in Table 1.

#### *2.12. Histopathological investigation*

Hippocampal tissues were flushed and fixed in 10 % phosphatebuffered formalin for 72 h. Samples were trimmed, processed in serial grades of ethanol, cleared in xylene, infiltrated, and embedded into Paraplast® tissue embedding media. About 4-μm sagittal hippocampal sections were stained with hematoxylin and eosin (H  $\&$  E) for morphological inspection of hippocampi and toluidine blue for damaged and intact neurons determination. Intact neurons numbers were investigated in CA1 and CA3 subregions through random selection of 6 different fields for each tissue section. Hippocampi images were captured using light microscope (magnification,  $\times$ 400) and calculated using full HD microscopic imaging system powered by Leica Application Suite (Leica Microsystems GmbH, Wetzlar, Germany).

#### *2.13. Immunohistochemistry analysis*

In compliance with the manufacturer's protocol, the paraffinembedded hippocampi slices were dewaxed and used for immunohistochemical analysis. Deparaffinized retrieved tissue sections were treated with 0.3 % H<sub>2</sub>O<sub>2</sub> for 20 min followed by incubation at 4  $°C$ overnight with anti-cleaved caspase-3 (Cat#: Asp175; 1:200; Cell signaling Tech. USA), as well as anti-Glial Fibrillary Acidic Protein (GFAP) (Cat#: MS-280-P1; 1:100; Thermo Fisher Scientific Inc. USA). Slides were afterward washed out by PBS and incubated with a secondary antibody (HRP Envision kit; DAKO) for 20 min followed by incubation with diaminobenzidine (DAB) for 15 min. Thereafter, specimens were washed with PBS and counterstained with hematoxylin for microscopic examination. For estimation of the percentage of GFAP and cleaved caspase-3 immunopositive area in hippocampal tissues, 6 non-interfering fields (mean ± S⋅D of 6 fields) were randomly selected and analyzed using full HD microscopic imaging system powered by Leica Application module (Leica Microsystems GmbH, Wetzlar, Germany).

#### *2.14. Statistical analysis*

All data were evidenced as mean  $\pm$  standard deviation (S.D). The Shapiro-Wilks and the Fisher F tests were used to determine normality and homoscedasticity, respectively. When available, Welch's adjustment for variance inhomogeneity was used. For all parameters, One-way analysis of variance (One-way ANOVA) was used, followed by Tukey's multiple comparisons test. Statistical analysis was carried out using GraphPad Prism software version 8 (San Diego, CA, USA) and the significance of all statistical tests was fixed at p *<* 0.05.





#### **3. Results**

#### *3.1. MitoQ alleviates spatial learning and memory deficits induced by I/R*

The MWM test was performed to estimate memory efficiency. Before executing the I/R surgery and probe test, all animals underwent training sessions for 4 days. At this stage, all rats behaved similarly and exhibited a notable decline in ELT, indicating normal learning ability (Fig. 1A). On day 5 probe test, I/R rats depicted a dramatic reduction of the time spent seeking the lost platform in the target quadrant (53 %) relative to sham rats, reflecting memory impairment. Administration of MitoQ improved memory impairment by increasing the time spent in the target compartment by 79 % versus I/R rats (Fig. 1B).

#### *3.2. MitoQ alleviates hippocampal SIRT6 and inflammatory mediators, TNF-α and IL-1β following cerebral I/R injury*

As presented in [Fig. 2](#page-5-0)A, rats subjected to brain I/R damage revealed a profound suppression in hippocampal SIRT6 levels by approximately 71 % compared to sham-operated ones. Pretreatment of I/R rats with MitoQ induced a significant increase in SIRT6 by 130 % compared to untreated ones.

Neuroinflammation has been suggested to mediate neuronal cell damage following the early episode of brain ischemia [[31\]](#page-10-0). The inflammatory mediators, TNF- $\alpha$  and IL-18 protein levels as well as IL-1 $\beta$ mRNA expression were dramatically increased in the hippocampi tissues of I/R rats by 5-fold, 4.3-fold, and 3.9-fold, respectively, relative to the sham ones. Pretreatment of I/R rats with MitoQ significantly attenuated TNF- $\alpha$ , IL-18, and IL-1 $\beta$  levels compared to the untreated ones (52 %, 62 % and 61 %, respectively) (Fig.  $2B-D$ ).

#### *3.3. MitoQ alleviates mitochondrial oxidative stress mediated by I/R*

Impaired mitochondrial oxidative status plays a fundamental role in the development of cerebral ischemia [[5](#page-9-0)]. A prominent increment of hippocampal mtROS and oxidized mtDNA (331 % and 135 %, respectively) together with a marked reduction of hippocampal mtGSH was demonstrated in I/R rats by 66 % compared to the sham group. A noticeable suppression in hippocampal mtROS and oxidized mtDNA by

57 % and 45 %, respectively, coincident with a profound surge of mtGSH (2.6-fold) was observed in I/R rats pretreated with MitoQ relative to the untreated ones. In addition, MitoQ reverted mtGSH and oxidized mtDNA back to their normal levels [\(Fig. 3](#page-6-0)A-C).

*3.4. MitoQ alleviates mitochondrial biogenesis markers, PGC-1α and TFAM protein levels, and NRF-1 mRNA as well as mitochondrial dysfunction following cerebral I/R injury* 

Induction of hippocampal neuronal injury in rats produced an obvious decline in PGC-1α and TFAM levels in addition to the gene expression of NRF-1 by 69 %, 69 %, and about 78 %, respectively, relative to the sham group. However, I/R rats that received MitoQ for 7 successive days exhibited a patent elevation in the protein contents of PGC-1 $\alpha$  (2.5-fold) and TFAM (2.8-fold) and NRF-1 mRNA (3.7-fold) as compared to untreated I/R ones. Noteworthy, MitoQ normalized PGC-1α, TFAM and NRF-1 ([Fig. 4](#page-6-0)A-C).

To further elucidate the impact of MitoQ on mitochondrial activity,  $\triangle$ Ψm was analyzed. Reduced  $\triangle$ Ψm was depicted in I/R rats relative to the control sham, and MitoQ pretreatment markedly reversed this effect ([Fig. 4D](#page-6-0)).

#### *3.5. MitoQ alleviates hippocampal GFAP immunoreactivity following cerebral I/R injury*

To further demonstrate the anti-inflammatory potential of MitoQ, GFAP was immunohistochemically examined in the hippocampi tissues of I/R rats as a main sign for astrocytes activation. As shown in [Fig. 5a](#page-7-0)-e, brain I/R increased astrocyte activation as evidenced by significant increase in hippocampal GFAP immunopositive areas (3.7-fold) versus the sham rats. Otherwise, MitoQ markedly reinstated I/R-induced astrocyte activation (57 %).

#### *3.6. MitoQ alleviates hippocampal cell apoptosis induced by cerebral I/R injury*

To clarify the ameliorative effect of MitoQ against hippocampal neuronal death, cytochrome C protein content and cleaved caspase-3 immunoexpression were analyzed. Cytochrome C was evidently



**Fig. 1.** Effects of MitoQ on 4-days MWM latency time (A), probe test of water maze (B). Rats were administered MitoQ (2 mg/kg; *i.p* daily) for 7 consecutive days then subjected to bilateral carotid artery occlusion for 45 min followed by 24 h reperfusion period. Data were represented as the mean  $\pm$  SD (n = 6). \*, # significant difference from the Sham and I/R group, respectively, Two-way ANOVA followed by Bonferroni post-hoc test and One-way ANOVA followed the Tukey's multiple comparisons test for 4-days MWM latency time and probe test of water maze, respectively, p *<* 0.05.

<span id="page-5-0"></span>

**Fig. 2.** Effects of MitoQ on hippocampal Sirt6 (A) and inflammatory mediators, TNF-α (B), IL-18 (C), and IL-1β mRNA (D). Rats were administered MitoQ (2 mg/kg; *i. p* daily) for 7 consecutive days then subjected to bilateral carotid artery occlusion for 45 min followed by 24 h reperfusion period. Data were represented as mean ± SD (n = 6). \*, \* significant difference from the Sham and I/R group, respectively, One-way ANOVA, followed by the Tukey's multiple comparisons test; p < 0.05.

increased in I/R rats (4-fold) versus the sham ones, which was markedly reduced by MitoQ pretreatment (44.5 %) [\(Fig. 6](#page-7-0)a). As compared to the sham group, hippocampi sections of I/R rats depicted a prominent increment in active caspase-3 immunoreactive areas by 8.8-fold. In contrast, pretreatment with MitoQ prevented hippocampal neuronal apoptosis by drastically reducing caspase-3 immunoexpression by 68 % in comparison to the untreated I/R group ([Fig. 6b](#page-7-0)-f).

### *3.7. MitoQ alleviates histopathological abnormalities and maintains neuronal viability following I/R Injury*

The sham group revealed normal histological findings throughout the field, with intact pyramidal neurons and minimal glial cell infiltrate ([Fig. 7a](#page-8-0) & e). The sham-MitoQ treated group showed almost the same normal histological features as the sham group [\(Fig. 7b](#page-8-0)  $\&$  f). meanwhile, in the CA1 and CA3 areas, the I/R group depicted significant neuronal degeneration with many karyopyknotic nuclei, glial cell infiltrate, and moderate to severe edema ([Fig. 7](#page-8-0)c & g). Pretreatment with MitoQ significantly reduced neuronal degeneration, resulting in nearly normal histological characteristics in the CA1 and CA3 regions, with only few scattered degenerated neurons. [\(Fig. 7](#page-8-0)d  $\&$  h).

Similarly, histopathological investigation showed that both the sham ([Fig. 8](#page-8-0)a  $\&$  e) and Sham-MitoQ [\(Fig. 8](#page-8-0)b  $\&$  f) groups had integrated Nissl bodies and rounded nuclei. However, the I/R rats exhibited a remarkable decrease in the count of intact cells by 91 % and 89 % in the CA1 and CA3 regions, respectively, as related to the sham group [\(Fig. 8c](#page-8-0) & g). Nevertheless, MitoQ significantly preserved neuronal loss in CA1 and CA3 by 11-fold and 9-fold, respectively [\(Fig. 8](#page-8-0)d & h).

#### **4. Discussion**

Mitochondrial mutilation has been suggested to exacerbate neuronal cell damage; hence targeting mitochondria by antioxidant therapies is an appealing prospect for attenuation of brain ischemia [[3](#page-9-0)]. The current study demonstrated that the targeted mitochondrial antioxidant, MitoQ, could bestow neuronal protection against I/R-induced hippocampal cerebral injury in rats. Alleviation of hippocampal SIRT6 with subsequent mitigation of mtROS and mtGSH as well as oxidized mtDNA together with inhibition of neuronal inflammatory and apoptotic reactions verified the neuroprotection of MitoQ during brain I/R insult. In addition, MitoQ reinstated mitochondrial biogenesis proteins thereby enhancing PGC-1 $\alpha$  and TEAM levels as well as NRF-1 mRNA expression in hippocampi tissues and restored  $\triangle \Psi$ m, contributing to stabilization of mitochondrial function following cerebral ischemia. These events were associated with significant improvement of cognitive function and restoration of normal hippocampal characteristics in morphological examination.

Increasing evidence has suggested that sirtuins are involved in a

<span id="page-6-0"></span>

**Fig. 3.** Effects of MitoQ on hippocampal mitochondrial oxidative stress, mtROS (A), mtGSH (B), and oxidized mtDNA (C). Rats were administered MitoQ (2 mg/kg; *i. p* daily) for 7 consecutive days then subjected to bilateral carotid artery occlusion for 45 min followed by 24 h reperfusion period. Data were represented as mean ± SD (n = 6). \*,  $*$  significant difference from the Sham and I/R group, respectively, One-way ANOVA, followed by the Tukey's multiple comparisons test; p < 0.05.



**Fig. 4.** Effects of MitoQ on mitochondrial biogenesis proteins, PGC-1α (A), TFAM (B), and NRF-1 mRNA (C) and mitochondrial function, △Ψm (D). Rats were administered MitoQ (2 mg/kg; *i.p* daily) for 7 consecutive days then subjected to bilateral carotid artery occlusion for 45 min followed by 24 h reperfusion period. Data were represented as mean  $\pm$  SD (n = 6). \*  $\overline{ }$  \* significant difference from the Sham and I/R group, respectively, One-way ANOVA, followed by the Tukey's multiple comparisons test; p *<* 0.05.

<span id="page-7-0"></span>

**Fig. 5.** Representative photomicrographs of immunohistochemical staining of GFAP in the hippocampi sections of the different groups (Magnification: ×400). (a) Sham, (b) Sham + MitoQ, (c) I/R, (d) I/R + MitoQ, and (e) GFAP optical density of % area of GFAP immunoexpression in the hippocampal sections of the four groups. Each bar with a vertical line represents a mean  $\pm$  SD. of 6 fields. \*, # significant difference from the Sham and I/R group, respectively, One-way ANOVA, followed by the Tukey's multiple comparisons test; p *<* 0.05.



**Fig. 6.** Effects of MitoQ on hippocampal cell apoptosis, (a) cytochrome C protein content and (b-f) cleaved caspase-3 immunohistochemical expression (Magnification:  $\times$ 400). (b) Sham, (c) Sham + MitoQ, (d) I/R, (e) I/R + MitoQ, and (f) caspase-3 optical density of % area of caspase-3 expression in the hippocampal section of the four groups. Each bar with a vertical line represents a mean  $\pm$  SD. of 6 fields. \*, # significant difference from the Sham and I/R group, respectively, One-way ANOVA, followed by the Tukey's multiple comparisons test; p *<* 0.05.

<span id="page-8-0"></span>

**Fig. 7.** Representative photomicrographs illustrating H&E staining of the CA1, and CA3 regions of hippocampus (Magnifications: ×400). (a,e) Sham, (b,f) Sham + MitoQ, (c,g) I/R, and (d,h) I/R + MitoQ. Black arrows indicate intact well-organized neurons; Red arrows indicate pyknosis. Arrowheads indicate glial cells infiltration.



**Fig. 8.** Representative photomicrographs illustrating Nissl staining of the CA1 and CA3 regions of hippocampus (Magnifications: ×400). (a,e) Sham, (b,f) Sham + MitoQ, (c,g) I/R, and (d,h) I/R + MitoQ. Panels (i) and (j) depicts the number of intact neurons in CA1 and CA3 regions, respectively, of the hippocampal sections of the four groups as % of the total area per each section. Black arrows indicate intact well-organized neurons, red arrows indicate pyknosis, and arrowheads indicate glial cells infiltration. Each bar with a vertical line represents a mean ± SD. of 6 fields. \* p *<* 0.05 versus Sham and # p *<* 0.05 versus I/R, One-way ANOVA, followed by the Tukey's multiple comparisons test; p *<* 0.05.

variety of brain conditions, including brain aging [\[32](#page-10-0)] and neurodegenerative disorders such as Huntington's disease and ischemic brain injury [\[33](#page-10-0)]. In this study, MitoQ modulated SIRT6 in the brain tissues of I/R rats, resulting in profound neuroprotection. A previous study reported that endothelial SIRT6 overexpression blunted stroke volumes, protected blood-brain barrier and improved neurological functions in mice subjected to transient middle cerebral artery occlusion [\[34](#page-10-0)]. Upregulation of SIRT6 has also been demonstrated to attenuate neuronal deficits in mice subjected to cerebral I/R injury and preserve the neurons which underwent glucose-deprivation/reoxygenation-induced neuronal cell death in vitro thereby curbing oxidative stress [[33\]](#page-10-0). Moreover, administration of the SIRT6 activator, MDL-811, ameliorated brain damage and dampened neuronal injury via interfering with inflammatory response in mice models of cerebral I/R injury and lipopolysaccharide-induced neuroinflammation [\[1\]](#page-9-0). Therefore, targeting SIRT6 by MitoQ herein could halt cerebral hippocampal damage in I/R rats. To the best of authors' knowledge, this the first study evaluating the impact of MitoQ on hippocampal SIRT6 levels during experimental cerebral ischemia.

In the current investigation, MitoQ abrogated mitochondrial oxidative stress via suppressing mtROS and oxidized mtDNA together with enhancing the mitochondrial antioxidant machinery, GSH in the hippocampi tissues of I/R rats. These observations extend those of an earlier study in which MitoQ hampered mtROS, prevented DNA oxidation, and restored SOD and GSH activity in an experimental model of toxin-driven brain cell death [[35,36](#page-10-0)]. Herein, MitoQ might have improved hippocampal mitochondrial oxidative status through triggering SIRT6. It has been explored that downregulation of SIRT6 contributed to mitochondrial dysfunction thereby increasing mitochondrial SOD production and impairing mitochondrial structure. However, mitigation of SIRT6 expression suppressed mitochondrial SOD and maintained normal mitochondrial morphology in high glucoseinduced mitochondrial malfunction and apoptosis in cultured podocytes [[7](#page-9-0)]. In addition, activation of SIRT6 incited the overexpression of antioxidant factors, protecting the cardiac myocytes from I/R-induced oxidative stress [\[8\]](#page-9-0). Importantly, MitoQ has been detected to exert its

<span id="page-9-0"></span>antioxidant effect and improve mitochondrial abnormalities via regulating intermediate transcription mediators in different experimental models including diabetic nephropathy [[33\]](#page-10-0), alcoholic liver disease [\[37](#page-10-0)] and intestinal I/R [[19\]](#page-10-0), observations that align with results reported in this study. Therefore, the neuroprotection donated by MitoQ, might be mediated by promoting SIRT6 involved in regulation of hippocampal mitochondrial oxidative stress.

Ample evidence demonstrates that enhanced mitochondrial biogenesis is associated with neuronal protection following cerebral ischemia [[38,39](#page-10-0)]. In this regard, MitoQ pretreatment reinforced mitochondrial biogenesis proteins including PGC-1 $\alpha$  and TFAM as well as NRF-1 gene expression in the hippocampi tissues of I/R rats. These results corroborated the idea of Hu et al., who indicated that MitoQ stabilized mitochondrial TFAM involved in mtDNA replication with subsequent reduction of mtROS, contributing to protection of intestinal mucosa from I/R injury [[19\]](#page-10-0). In a mouse model of Parkinson's disease, MitoQ was also found to rescue dopaminergic neurons from loss via maintaining mitochondrial function thereby activating the mitochondrial biogenesis protein, PGC-1 $\alpha$  [[40\]](#page-10-0). Moreover, MitoQ has been reported to preserve striatal neurons expressed mutant huntingtin by attenuating PGC-1α, NRF-1, and TFAM in an in vitro model of Huntington's disease [[41\]](#page-10-0). Noteworthy, TFAM over-expression has been noticed to protect intestinal barrier and cardiac myocytes against experimental I/R injuryinduced mitochondrial oxidative damage  $[19,42]$  $[19,42]$ . In addition, PGC-1 $\alpha$ upregulation was observed to enhance mtDNA and antioxidative enzymes in mice model of muscle atrophy [\[43](#page-10-0)]. Several studies have confirmed the fundamental role of TFAM, PGC-1 $\alpha$  and NRF-1 as protective mechanisms against neuronal deficits and oxidative stress in cerebral I/R injury [\[44,45](#page-10-0)], providing evidence that stabilizing mitochondrial biogenesis by MitoQ participated in protecting hippocampi tissues from injury following cerebral I/R.

It is interesting to highlight that SIRT6 activation has been shown to improve mitochondrial biogenesis, thereby stimulating PGC-1α, NRF-1, and TFAM expression, resulting in attenuation of cardiomyopathy in diabetic rats underwent I/R injury. Meanwhile, silencing SIRT6 reduced PGC-1 $\alpha$  and exacerbated mitochondrial dysfunction [\[46](#page-10-0)]. Based on the previous report, our results speculate that regulation of SIRT6 by MitoQ could provoke hippocampal mitochondrial biogenesis, leading to profound neuronal protection against brain I/R injury. The current findings extend and verify those of earlier evidence, in which SIRT6 upregulation instigated the mitochondrial biogenesis proteins, PGC-1α, NRF-1, and TFAM and ensured renal podocyte against hyperglycemia-induced mitochondrial dysfunction and apoptosis [7].

Neuroinflammation has been recognized to worsen clinical outcomes after ischemic stroke [[31\]](#page-10-0). In the present work, MitoQ impeded hippocampal neuronal inflammation as confirmed by curtailing hippocampal TNF-α and IL-18 levels and IL-1β mRNA as well as the protein expression of GFAB in I/R rats, another indication for the neuroprotection afforded by MitoQ. These observations accord with recent literature which revealed that MitoQ effectively rescinded hippocampal inflammation via inhibiting TNF-α with subsequent downregulation of GFAP in Dgalactose-induced aging rats [\[47](#page-10-0)]. This study further supports the data obtained from neuronal cell line where MitoQ blocked the inflammatory cascade and prevented the proinflammatory cytokines, TNF-α and IL-1β [[47\]](#page-10-0). Furthermore, a recent study reported that MitoQ modulated brain inflammatory response in an animal model of intracerebral hemorrhage, thereby inhibiting mtROS [\[48](#page-10-0)]. Inevitably, mtROS is involved in the activation of proinflammatory pathways during experimental cerebral I/R injury [\[49\]](#page-10-0). Accordingly, maintaining mitochondrial oxidative status and function by MitoQ might play a pivotal role in hindering hippocampal inflammation after I/R injury.

In this study, the anti-inflammatory potential of MitoQ might be correlated with SIRT6 potentiation. Indeed, SIRT6 plays a key role in the pathogenesis of systemic inflammation [[50\]](#page-10-0) and has been demonstrated to exhibit anti-neuroinflammatory effects in different experimental models of ischemic stroke  $[1,14,34]$  $[1,14,34]$ . In addition, the study of Jiang et al.

proved that SIRT6 exerted anti-inflammatory effects via regulation of TNF- $\alpha$  synthesis in mouse embryonic fibroblast cells [\[51](#page-10-0)]. Furthermore, SIRT6 ablation in mice subjected to hepatic I/R injury aggravated oxidative stress and mitochondrial malfunction, followed by activation of proinflammatory cytokines. Nevertheless, restoring SIRT6 expression in hepatocytes attenuated excessive ROS and mitochondrial dysfunction with succeeding inhibition of inflammatory mediators such as TNF- $\alpha$ and IL-1β, culminating in suppressing apoptotic signals, including caspase-3 [9]. Noticeably, MitoQ dampened hippocampal neuronal death via inhibiting mitochondrial apoptotic signals, thereby preventing cytochrome *c*-mediated downstream activation of caspase-3 in I/R rats. In the same context, SIRT6 overexpression alleviated caspase-3 with subsequent curtailing of podocyte cell death via repressing mitochondrial mutilation in a mouse model of diabetic nephropathy [7]. Taken together, this study suggests that SIRT6 maintenance by MitoQ could be associated with the amendment of hippocampal inflammation and apoptosis caused by cerebral I/R in rats, thereby regulating mitochondrial oxidative milieu and function.

Conclusively, this study indicated that MitoQ exhibited apparent neuroprotection in cerebral I/R-induced hippocampal injury in rats. Restoring hippocampal SIRT6 accompanied with stabilization of mitochondrial redox status, biogenesis, and function and mitigation of hippocampal inflammation and apoptosis might underlie the neuronal protection of MitoQ. Further investigations are warranted to clarify and confirm whether SIRT6 modulation is a key factor in the mitochondrial effects of MitoQ in different experimental and clinical settings.

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#### **Declaration of competing interest**

The authors declare that they have no conflicts of interest.

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